



# CJC-1295/Ipamorelin Blend

is a synthetic peptide formulation that combines CJC-1295 (No DAC), a Growth Hormone–Releasing Hormone (GHRH) analogue, with Ipamorelin, a selective Growth Hormone Secretagogue (GHRP).

## Dosage Recommendations

- Weekly
- 5Days/Week**
- Daily

### General Dose:

300-500 mcg AM before workout in a fasted state, 5 days a week.

### General Dose:

300-500 PM is often taken at night because it aligns with the body's natural growth hormone (GH) release cycle. Growth hormone secretion is highest during deep sleep, particularly in the early sleep cycles. By administering at night, it can enhance the natural GH release, maximizing the peptide's benefits, which may include improved muscle recovery, fat metabolism, and support for tissue repair.

### Cycle length:

8-10 weeks  
Recommended to incorporate an extended off cycle (4-8 weeks)

### Important Notes:

Carbs and fat can stunt growth hormone releases. Best taken 30 minutes before eating or 2 hours after.

MG	BAC Water/ML	Dosage (mg)	Insulin Needle Units	Total per vial
5/5	2	0.3	12	16
		0.4	16	12
		0.5	20	10

## Useful Information

Class: Dual GHRH + GHRP peptide combination  
Mechanism of Action:

This synergistic formulation combines CJC-1295 (No DAC), a Growth Hormone–Releasing Hormone (GHRH) analogue, with Ipamorelin, a selective Growth Hormone Secretagogue (GHRP).

Together they stimulate two complementary pathways of endogenous GH release:

- CJC-1295 (No DAC): Activates pituitary GHRH receptors to initiate GH synthesis and natural pulsatile release.
- Ipamorelin: Stimulates ghrelin (GHSR-1a) receptors in the pituitary and hypothalamus to amplify the GH pulse.

This dual-pathway mechanism promotes a strong, physiologic GH surge without significantly affecting cortisol or prolactin levels, improving metabolism, recovery, and cellular regeneration while maintaining endocrine balance.

