



BPC-157/TB-500

Dosage Recommendations

Weekly

5Days/Week

 Daily

BPC-157

General Dose:

500 mcg - 1 mg in the morning

Post OP or acute injury Dose:

1 mg - 2 mg in the morning, split dose is also acceptable.

TB-500

General Dose:

1 - 2 mg in the morning, blend will be split in even doses throughout the week.

Cycle Length:

Depends on the health status and response to treatment.

Dosage Comment:

- The blend is designed to be administered together in a single injection for balanced systemic and localized effects
- If individualized dosing or titration is desired, we recommend purchasing BPC-157 and TB-4 as separate peptides for precise control of ratios and timing.
- This is a 1:1 ratio and dosage can not be split.

MG	BAC Water/ML	Dosage (mg)	Insulin Needle Units	Total per vial
5/5	2	0.5	20	10
		1	40	5
		1.5	60	3
10/10	2	2	80	2.5
		0.5	10	20
		1	20	10
		1.5	30	6
		2	40	5

Useful Information

Class: Dual cytoprotective & regenerative peptide formulation

Mechanism of Action:

The BPC-157 / TB-500 blend unites two complementary peptides that target distinct yet synergistic tissue-repair pathways:

- BPC-157 enhances angiogenesis, fibroblast migration, and collagen formation, reducing inflammation and protecting endothelial and gastrointestinal tissues.
- TB-500 (a fragment of Thymosin Beta-4) promotes actin polymerization, cell migration, and vascular growth, accelerating tissue remodeling and recovery.

Together they create a broad-spectrum healing environment, promoting rapid regeneration of muscle, tendon, ligament, nerve, and vascular tissue while reducing inflammatory cytokines and oxidative damage.

May slightly lower blood pressure via nitric-oxide modulation — use caution in hypotensive individuals.